



As part of our continuing commitment to reduce our impact on the environment, reduce our footprint and support sustainable practices,we introduce our “50 Mile Menu”.

All our dishes are now made from ingredients sourced within 50 miles of McGettigans Cookhouse Cork.

# McGETTIGANS COOKHOUSE

FOOD SERVED DAILY 12pm —10pm

## Peckish?

Signature starters to have on their own, with some sides or before the main attraction!		
HOMEMADE SOUP OF THE DAY (1 /7 /9)	6.50	
AWARD-WINNING SEAFOODCHOWDER(1/2 /4 /7 /9)	9.50	
served with Guinness bread		
CRISPY CHICKEN WINGS (1/3/7/8/9)	9.50/13.00	
with a choice of house hot sauce (7) or BBQ sauce (6/11)		
MCGETTIGANS NACHOS (1/7/12)	11.50	
served with a spicy tomato salsa, guacamole, sour cream & melted buffalo mozzarella cheese		
SLOW COOKED PORK BELLY (1/7/11/12)	9.50	
Black pudding & apple watercress		
CHILLI & GARLIC PAN FRIED BUTTERED PRAWNS (2/4/7/10/12/14)	12.00	
served with toasted sourdough		
CLASSIC CEASAR SALAD (1/3 /4 /7)	10.50	
with Cos lettuce, parmesan, crispy bacon topped with a boiled egg		
JACK MCCARTHY		
BLACK PUDDING BON BONS (1/3 /7/9)	11.00	
black pudding in breadcrumbs served with a Ballymaloe relish rocket leaves		

## UNDER 500 CALORIES

CHILLI CHICKEN, BLACK PUDDING & BABY POTATO SALAD (1/9)	17.95	
TIGER PRAWN SALAD (4/10)	19.00	
with mango chutney, cherry tomatoes served on bed of mixed leaves		
SUPERFOOD SALAD (7/8/10)	15.95	
Spinach, feta cheese, avocado, beetroot, pomegranate & walnuts		
CLASSIC CEASAR SALAD (1/3 /4 /7)	10.50	
with Cos lettuce, parmesan, crispy bacon topped with a boiled egg		

## Pasta?

CHICKEN & MUSHROOM PAPPARDELLE (1 /3 /7/9)	16.50	
in a creamy basil sauce served with garlic bread		
SPICY CHORIZO & SPINACH PENNE PASTA (1 /3 /7/9)	15.95	
in a light chilli oil with garlic bread		

## Ravenous?

Our signature main courses for the very hungry!

JACOBS LADDER (1 wheat /6 /10 /12)	23.95	
Slow cooked rib of beef with soy glazed crispy shallots, roast baby carrots & skinny fries		
10oz. SIRLOIN STEAK (1 wheat /6 /7 /9 /12)	29.95	
Watercress salad and fries choice of garlic butter, pepper sauce or red wine jus and fries		
McGETTIGANS STEAK BURGER (1 /3 /7/10 /12)	18.50	
Applewood smoked cheddar, grilled baby gem, beef tomato, Red onion, bacon, pickled gherkins & mustard mayo, Served on a charcoal bun and fries		
CHARGRILLED CAJUN CHICKEN BURGER(1 /3 /7/10/12)	17.00	
Spinach, chorizo spread, beef tomato, red onion, & goats cheese served on a charcoal bun and fries		
HOMEMADE VEGETARIAN BURGER (1/3/7/9/12)	14.95	
in a brioche bun served with buffalo mozzarella cheese		
BABY BACK PORK RIBS (FULL RACK)(1/3/7/9/12)	19.95	
served with buttered corn on the cob, BBQ sauce, chunky chips & beetroot slaw		
MADRAS CURRY (1/5/7/9/12)		
with lemon grass and ginger scented Jasmine rice served with a poppadom & mango chutney Chicken €17.50 , Beef €21.50, Veg €15.95, Prawns €24.00		
BEER BATTERED FISH & CHIPS (1 /3 /4 /17)	19.50	
Lightly battered fillet of fresh cod, homemade tartare sauce, pea purée & Cookhouse fries		
PAN FRIED SEABASS (4/12)	26.00	
Pan fried fillet Seabass with a grapefruit & chilli salsa stir fry served with Fresh market vegetables and chunky chips		
McGETTIGANS STEAK SANDWICH (1/ /7/9)	17.50	
5oz steak served with sauteed mushrooms & onions with a choice of peppercorn sauce or garlic butter		

## Gourmet Sandwich?

CLUB SANDWICH (1 /3 /17)	11.95	
Triple decker with chicken, bacon, lettuce, tomato & egg		
OPEN SMOKED SALMON (1/4/7)	10.50	
on homemade brown bread with a dill mayonnaise		
TOASTED SPECIAL (1 /7/10/12)	9.50	
house cooked gammon, dubliner cheddar cheese, red onion & beef tomato		
ROAST OF THE DAY SANDWICH	10.50	
Please ask your server for details		

## Pizza?

12” gourmet pizza with our own homemade tomato & herb sauce

CAPRI (1/6/7 /8/13)	15.95	
Chicken, ham, sweetcorn, mushroom, buffalo mozzarella		
WEST CORK (1 /6/7 /8)	17.50	
Clonakilty black & white pudding, bacon, artisan sausage, buffalo mozzarella topped with a fried egg		

## Some Sides?

SKINNY CHIPS SERVED WITH SUNDRIED TOMATO AIOLI (1 /3/8/12)	3.95	
BEER BATTERED ONION RINGS (1/8)	4.50	
CHUNKY CHIPS SERVED WITH SUNDRIED TOMATO AIOLI (1 /3/8/12)	4.50	
SAUTÉED MUSHROOMS (7)	3.95	
SAUTÉED ONIONS (7)	3.95	
SWEET POTATO FRIES (1/8)	5.00	
SUPERFOOD SIDE (3/7/8/10)	5.50	
HOMEMADE WEDGES (1/12)	3.95	

## Something Sweet?

HOUSE CHEESECAKE (1/3/7/8/12)	7.50	
Please ask your server for details		
BANOFFEE SUNDAE (1/7/8)	7.50	
Homemade Banoffee Sundae, banana, caramel , biscuit & fresh cream topped with Choc flakes		
SELECTION OF FARMHOUSE CHEESES (1/3/7/9)	10.50/12.00	
with pickled cucumbers, mango chutney & a selection of crackers		
WARM CHOCOLATE BROWNIE (1/3/7)	7.50	
served with kahlia caramel,vanilla ice cream & candied walnuts		
ETON MESS (3/7)	7.50	
Strawberry & Raspberry Eton mess with white chocolate, meringue topped with a basil sugar		

ALLERGEN LIST  
1. Gluten & Wheat 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts  
6. Soya 7. Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame  
12. Sulphites 13. Lupin 14. Molluscs

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