



McGETTIGANS COOKHOUSE

BRUNCH MENU Mon-Sun 10.30am - 1.00pm



SCAN ME

Smoothies

THE BLUEBERRY SPINACH SMOOTHIE 4.50

*(spinach, blueberries, strawberries,
greek yogurt, banana & honey)*

THE TROPICAL FRUIT BREAKFAST SMOOTHIE 4.50

(mango, pineapple, strawberries, banana & coconut milk)

THE ZINGER SMOOTHIE 4.50

(kale, banana, apple & lime juice)

Pancakes and Toast

AMERICAN STYLE STACKED PANCAKES (3) 6.00

with a choice of syrups (maple/Golden or Nutella)

Add fresh fruit and whipped cream 2.00

Add 2 slices of cured bacon 3.00

FRENCH TOAST SERVED

WITH MAPLE/GOLDEN SYRUP 6.00

Add fresh fruit and whipped cream 2.00

Add 2 slices of cured bacon 3.00

A lil bit of breakfast/ a lil bit of lunch

**FLAHAVANS FINEST
WITH MAPLE SYRUP OR HONEY 3.00**

*Served with maple syrup or honey, overnight soaked oats
freshly cooked in cows/soya/almond milk*

THE HALF FULL IRISH 10.50

*Twomey handmade pork sausage, bacon,
choice of eggs, West Cork black and white pudding*

Add baked beans, mushrooms, grilled beef tomato, hash brown
at 1.25 per item

EGGS BENEDICT 8.50

*(Poached eggs with bacon & hollandaise sauce
on toasted sour dough bread)*

EGGS FLORENTINE 8.00

*(wilted spinach and poached eggs
with hollandaise sauce on toasted sour dough)*

EGGS ROYALE 8.90

*(Poached eggs with Irish smoked salmon hollandaise sauce on
toasted sour dough)*

GONE FISHIN 11.50

*(Pan fried fish of the day with wilted spinach
and poached eggs)*

FLUFFY OMELETTE 9.50

*(Three egg omelettes with a choice of two from mature ched-
dar, baked ham, chicken, tomato or mushroom)*

Extra filling €0.50c

PROTEIN ON THE HALF SHELL 13.50

*(6 Oz Sirloin steak & fried eggs, hollandaise sauce, skinny fries
& rocket salad)*

Sides

HALF AVOCADO 2.00

2 SLICES OF MAPLE CURED BACON 3.25

TWOMEY'S HANDMADE SAUSAGE 2.50

SAUTÉED GARLIC MUSHROOMS 2.50

FRENCH FRIES 2.50

SWEET POTATO FRIES 3.00

Hot Beverages

TEA 2.50

AMERICANO 3.00

LATTE 3.00

CAPPUCCINO 3.00

FLAT WHITE 3.00

HOT CHOCOLATE 3.00

HERBAL TEA 3.00

Drinks

FRESHLY SQUEEZED ORANGE JUICE 3.00

FRESH PRESSED APPLE JUICE 3.00

MANGO MIMOSA 9.50

KIR ROYALE 9.50

BELLINI 9.50

BLOODY MARY 8.90

ESPRESSO MARTINI 8.50

ALLERGEN LIST

1. Gluten & Wheat 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts
6. Soya 7. Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame
12. Sulphites 13. Lupin 14. Molluscs

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